



GEORGE  
DERBY  
CENTRE

# THE DERBY DIGEST

April 2023



**Coronavirus COVID-19**  
BC Centre for Disease Control | BC Ministry of Health

Guidelines for Visitors to Long-Term Care and Seniors' Assisted Living Facilities



**DO NOT  
ENTER IF SICK**



Cough or sneeze into your elbow and do not touch your face



All visitors must be fully vaccinated against COVID-19 to enter the facility\*



All visitors must provide acceptable proof of COVID-19 vaccination



All visitors are required to wear a medical mask in hallways, common areas and multiple occupancy rooms



Visits will not be permitted during active COVID-19 outbreaks



Use soap and water or alcohol-based hand sanitizer



Clean hands before and after visiting



### Mission

In a home-like environment we provide resident and family centered care while recognizing our veterans' legacy.

### Vision

To be a community committed to compassionate care, innovation and excellence.

### Values

Resident & family centered, integrity, inclusion, diversity, safety, respect & dignity.

## How's the Weather?

April is known for its showers, wind, and sudden storms. In fact, it's often said that the only thing you can count on for April weather is its unpredictability. Some parts of the country might still have snow this month, while others, including top spring vacation destinations like Miami and Los Angeles, are more likely to have hot, sunny days.

## What's Lucky in April?

Lucky Color: Pink

Lucky Animal: Rabbit

Lucky Letters: H and G

Lucky Day: Tuesday

Lucky Plant: Violet



# APRIL ENTERTAINMENT



## *Friday Townhall Pub*

April 7th: Stat Holiday—No Pub

April 14th: Mike Kinal

April 21st: Colleen Durdon

April 28th: Shawn McKee

## *April Birthday Parties*

*\* Please note monthly birthday parties are now taking place on each unit*

April 5th: Lower North with John Cronin

April 12th: Main South with Peter Williams

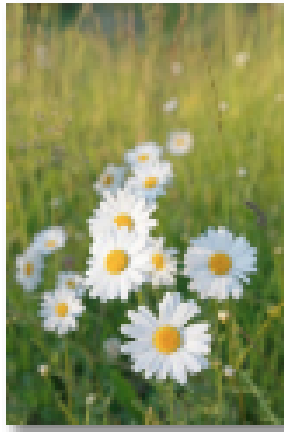
April 19th: Main North with Anna Katarina

April 26th: BSTN with Mike & Marie Cronin



## Searching for April

The words listed below can be found vertically, horizontally, diagonally, forward, and backward. Disregard spaces between words.



S	M	Y	P	Y	W	C	V	P	M	S	L	Y	S	S
D	N	O	M	A	I	D	B	A	D	Y	A	U	U	S
Q	E	K	H	D	G	E	Q	S	V	D	O	R	S	J
T	X	Z	D	S	Y	T	K	S	R	V	U	H	D	D
C	B	H	V	L	O	G	O	O	W	A	O	W	A	R
T	M	W	X	O	X	L	B	V	T	W	W	I	O	E
R	G	P	C	O	B	R	L	E	E	B	S	G	M	T
A	R	C	G	F	A	A	Y	R	O	Y	J	P	M	S
E	S	A	Q	L	U	H	S	A	A	R	I	E	S	A
P	T	R	M	I	T	B	W	E	D	A	V	H	B	E
T	G	N	I	R	P	S	W	U	B	H	B	U	Y	X
E	U	E	U	P	B	A	B	F	C	A	T	C	I	Z
E	T	O	Y	A	Q	F	U	P	E	Q	L	R	W	M
W	F	T	A	X	E	S	L	E	A	D	B	L	A	X
S	P	G	W	A	O	P	L	A	N	T	I	N	G	E

APRIL FOOLS' DAY

ARBOR DAY

ARIES

BASEBALL

BULL

DAISY

DIAMOND

EARTH DAY

EASTER

FOURTH

PASSOVER

PLANTING

RAM

SHOWERS

SPRING

SWEET PEA

TAURUS

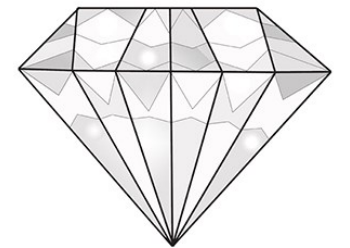
TAXES

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# April

## Birthstone of the Month - Diamond

Diamonds have been a symbol of wealth and power for centuries, and their sturdiness has represented undying love since Roman times. In fact, Cupid's arrows supposedly are tipped with diamonds. First mined in India over 2,800 years ago, diamonds are also commonly found in Africa, Russia, Canada, and Australia. The most famous (and possibly cursed) diamond in the world is the Hope Diamond, which is blue in color and cut into a heart shape. Millions of people view it each year at the Smithsonian Museum in Washington, D.C.



## Flower of the Month - Daisy

The traditional April flower is the daisy. The daisy gets its name from the Old English word meaning "day's eye" due to its appearance (round with a pupil like center) and because daisies open at dawn, as the day is beginning. Per legend, the first daisy appeared when a young nymph turned herself into one to avoid unwanted praise and attention. Thus, the flower has come to symbolize modesty, chastity, and innocence. In ancient times, daisies were said to heal wounds, remove warts, and change gray hair to black.



## April Zodiacs

Aries (The Ram) April 1—19

Taurus (The Bull) April 20—30



\*See a Rec. Staff for **prizes** once you've completed the puzzle!

**Last Month's Highlights:  
Community Outings & St. Patrick's Day Party!**



## **Families, friends, & visitors: we need your help!**

### **Volunteers needed in various roles at George Derby Centre:**

- Art Studio and/or Sewing Assistants
- Bingo Volunteers
- Townhall Pub & Birthday Parties
- Bus Escorts
- Visiting Companions
- Computer/Tech Support
- Garden Volunteers/Adopt a Garden Bed

**To sign up or for more information please contact the Manager  
of Therapeutic Programs and Volunteer Services:**

**Email:** [myeager@georgederby.ca](mailto:myeager@georgederby.ca)

**Phone:** 604.527.4459

