



Coronavirus COVID-19
BC Centre for Disease Control | BC Ministry of Health

Guidelines for Visitors to Long-Term Care and Seniors' Assisted Living Facilities



**DO NOT
ENTER IF SICK**



Cough or sneeze into your elbow and do not touch your face



All visitors must be fully vaccinated against COVID-19 to enter the facility*



All visitors must provide acceptable proof of COVID-19 vaccination



All visitors are required to wear a medical mask in hallways, common areas and multiple occupancy rooms



Visits will not be permitted during active COVID-19 outbreaks



Use soap and water or alcohol-based hand sanitizer



Clean hands before and after visiting



GEORGE
DERBY
CENTRE

THE DERBY DIGEST

February 2023





Mission

In a home-like environment we provide resident and family centered care while recognizing our veterans' legacy.

Vision

To be a community committed to compassionate care, innovation and excellence.

Values

Resident & family centered, integrity, inclusion, diversity, safety, respect & dignity.

Valentine's Day Around the World

On Valentine's Day in Wales, a man carves a wooden "love spoon" for his beloved, decorating it with symbols like a key (to his heart). Danes exchange pressed white flowers and "joke letters" signed with dots. In South Korea, men receive the gifts—ladies get their gifts a month later on March 14. And in Iraq, lovers exchange red apples decorated with cloves, representing Adam and Eve.

What's Lucky in February?

Lucky Color: Blue

Lucky Animal: Monkey

Lucky Letters: L and W

Lucky Day: Saturday



TOWN HALL ENTERTAINMENT

Friday Pub

February 3rd: Colleen Durdon

February 10th: John Parsons

February 17th: The Fabulous Fera
Brothers

February 24th: **TBD**



*February Birthday
Party*

February 23rd: Birthday Party with Mike Kinal

SPECIAL EVENTS

February 10th: Dragon Dancers

February 14th: Valentine's Day Party

Artist
of the
Month:
CALEN



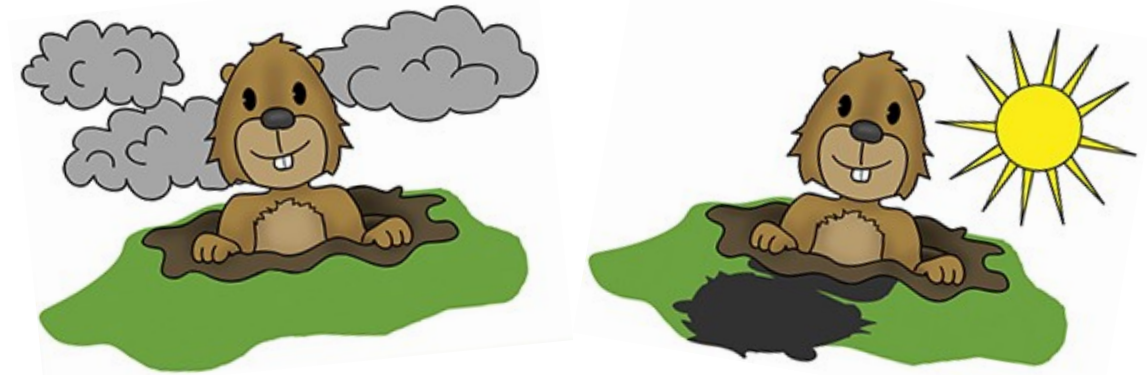
About the Artist:

In Renaissance Tradition, Calen applied himself to various areas and disciplines including: music, dancing, Architecture, and Marine engineering. Presently, he is focused on drawing, painting, and writing.



Groundhog Day: February 2nd

The tradition of Groundhog Day began in 1887 when Punxsutawney Phil in Philadelphia made his first weather prediction. The holiday has been celebrated every February 2 since then. The spectacle has roots in ancient Celtic and Germanic traditions. However, in those celebrations, candles and badgers were used to predict the weather.



The date is significant because it is halfway between the winter solstice and the spring equinox. The idea behind Groundhog Day is that if the groundhog (also known as a woodchuck) sees its shadow, there will be six more weeks of winter. If it doesn't, we can expect an early spring. While studies show that groundhog predictions are less than reliable (with one report showing only 39 to 50 percent accuracy), that detail doesn't take away from the fun.

Searching for February

The words listed below can be found vertically, horizontally, diagonally, forward, and backward. Disregard spaces between words.



R	S	W	G	U	D	D	J	C	Z	Y	V	B	H	A
Y	R	A	U	R	B	E	F	J	A	X	L	C	S	Q
Q	E	T	R	G	O	N	O	D	G	A	U	P	I	U
I	O	E	Y	G	H	U	G	X	C	T	R	P	F	A
K	L	R	F	U	I	A	N	K	B	E	V	I	V	R
K	N	B	I	D	L	D	H	D	S	H	W	S	C	I
R	B	E	N	F	T	I	R	I	H	I	M	C	R	U
A	E	A	B	R	S	V	D	A	N	O	B	E	U	S
M	M	R	K	T	M	E	I	T	M	V	G	S	U	E
I	F	E	O	B	N	A	E	O	P	A	B	D	O	B
L	K	R	T	T	Y	R	A	M	L	N	V	B	A	S
U	Y	H	S	H	L	W	O	B	R	E	P	U	S	Y
R	D	D	E	R	Y	Z	Y	E	Y	S	T	Q	M	W
U	A	K	S	M	W	S	D	I	A	G	M	R	D	Z
Y	O	V	A	L	E	N	T	I	N	E	S	D	A	Y

AMETHYST
AQUARIUS
BLACK HISTORY
FEBRUARY
FISH (Pisces)

FLAG DAY
(Canada and Mexico)
GROUNDHOG DAY
MARDI GRAS
PISCES
PRESIDENTS' DAY

SUPER BOWL
VALENTINE'S DAY
VIOLET
WATER BEARER
(Aquarius)
WINTER

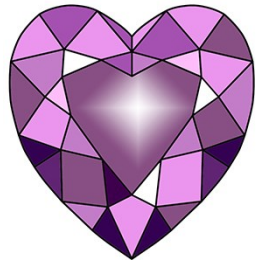
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*See a Rec. Staff for **prizes** once you've completed the puzzle!

February

Birthstone of the Month - Amethyst

The amethyst is February's birthstone. Its decorative use can be traced back 25,000 years, found among the remains of Neolithic man in France. Today, most commercial amethysts are from Brazil and Uruguay. In the U.S., they are found in Arizona and North Carolina. The stone's name comes from the Greek word amethystos, which means "not drunk"; it was believed that those who wore it would not get intoxicated. Early Egyptians placed the stones in the tombs of pharaohs, believing that they possessed good powers.



Flower of the Month - Violet



The violet is a sweet flower known as a symbol of love. These delicate blooms are very popular in planters and small bouquets. February's flower is also the state flower of Illinois, New Jersey, Wisconsin, and Rhode Island. In the Victorian era, violets were prominent in the language of flowers. Purple violets represented faithfulness and purity. White and cream-colored violets meant "Let's take a chance on love." The heart-shaped leaves of the wild violet signify love.



February Zodiacs

Aquarius (Water Bearer) February 1-18
Pisces (The Fish) February 19-28

