



Coronavirus COVID-19
BC Centre for Disease Control | BC Ministry of Health

Guidelines for Visitors to Long-Term Care and Seniors' Assisted Living Facilities



**DO NOT
ENTER IF SICK**



Cough or sneeze into your elbow and do not touch your face



All visitors must be fully vaccinated against COVID-19 to enter the facility*



All visitors must provide acceptable proof of COVID-19 vaccination



All visitors are required to wear a medical mask in hallways, common areas and multiple occupancy rooms



Visits will not be permitted during active COVID-19 outbreaks



Use soap and water or alcohol-based hand sanitizer



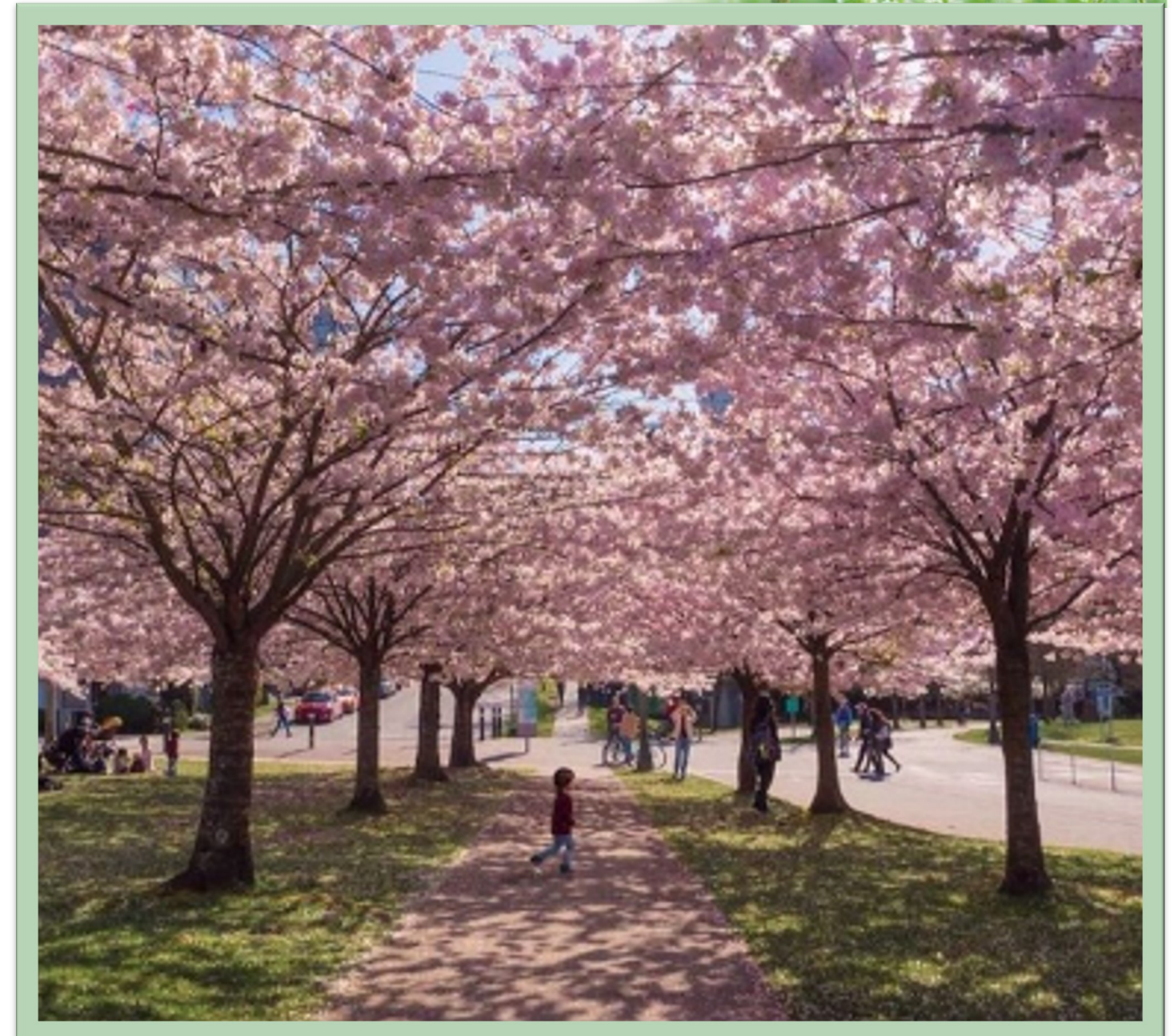
Clean hands before and after visiting



GEORGE
DERBY
CENTRE

THE DERBY DIGEST

March 2023





Mission

In a home-like environment we provide resident and family centered care while recognizing our veterans' legacy.

Vision

To be a community committed to compassionate care, innovation and excellence.

Values

Resident & family centered, integrity, inclusion, diversity, safety, respect & dignity.

March is the third month of the year in the Julian and Gregorian calendars. However, March used to be the first month, until January and February were added to the calendar around 700 BC. That's why many cultures and religions still celebrate the new year in March. In Finnish, March is called maaliskuu, which means "earthy month." The Ukrainian word for March translates to "birch tree," which is one of the first trees to bud in the spring.

What's Lucky in March?

Lucky Color: Green

Lucky Animal: Cat

Lucky Letters: C and J

Lucky Day: Tuesday

Lucky Plant: Birch tree



TOWN HALL ENTERTAINMENT

Friday Pub

March 3: TBD

March 10: Peter Williams

March 17: Limerick Contest

March 24: Peter Campbell

March 31: John Parsons

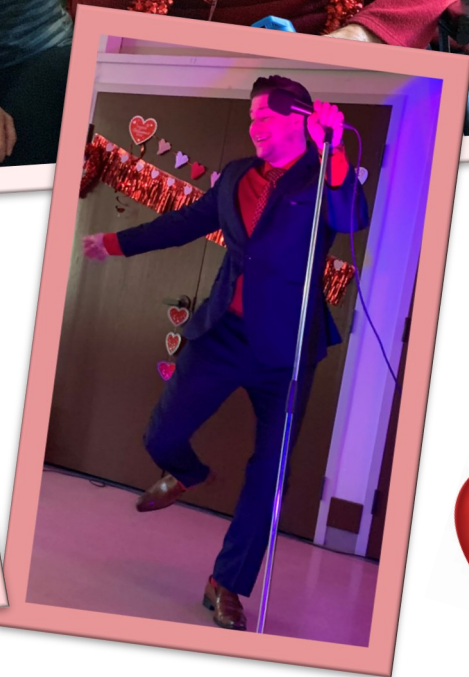


March Birthday Party

March 23: John Cronin



Last Month's Highlights: Valentine's Party with Mad Jazz



February was Therapeutic Recreation Month!



Searching for March

The words listed below can be found vertically, horizontally, diagonally, forward, and backward. Disregard spaces between words.



MARCH



Birthstone of the Month - Aquamarine

The name aquamarine comes from Latin, meaning “water of the sea.” Aquamarine was the stone of the sea goddesses; sailors carried the stones believing they would ensure safe travels. Aquamarine exists in many shades, from pale to deep blue. Some are tinged with green. The gem owes its color to the presence of iron and belongs to the same family of stones as the emerald. Much of the world’s supply comes from Brazil, in particular the vivid blue variety called Santa Maria. They are also found in Siberia, Myanmar, and parts of the U.S.



Flower of the Month - Daffodil

With its bright yellow petals breaking through the melting snow, the daffodil is a sure sign of spring’s return. Also known as narcissus or jonquil, the sunny flower represents love, hope, joy, and respect. But when gifting, be sure to present them in a bunch—the gift of a single daffodil is a sign of misfortune. In many cultures, the daffodil symbolizes rebirth and prosperity. Its reemergence each spring reminds us that great beauty can follow the coldest winter or most difficult struggle.

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|-----------------|-------------|-------------------|
| AQUAMARINE | HOLI | RAMADAN |
| ARIES | JONQUIL | SPRING |
| BASKETBALL | MARCH | ST. PATRICK’S DAY |
| CLOVERS | PISCES | THIRD |
| DAYLIGHT SAVING | RAINBOWS | UMBRELLA |
| FISH (Pisces) | RAM (Aries) | WIND |

March Zodiacs

Pisces (The Fish) Mar 1-20
Aries (The Ram) Mar 21-31

